



Do What You Love 200 HOUR YOGA TEACHER TRAINING APPLICATION (2025) Page 1 of 2

Please complete this form and submit to rose@soulstretchmobileyoga.com. with "YTT Application 2025" as the subject line. Upon review, you will be notified of acceptance via email or phone.

The cost of the program is \$3900.00. A \$500.00 deposit will be due once we confirm you have been accepted into our YTT. The remaining balance of \$3500.00 is due on October 7th, 2025 (one month prior to Opening Weekend).

APPLICATION INFORMATION

Name:	Email:
Cell Phone:	Birthday (MM/DD/YYYY):
Education:	Occupation:
Marital Status:	Children: Yes ___ No ___

- 1) How many months or years have you been practicing yoga? What brought you to yoga?

- 2) Describe previous yoga studios, styles or teacher experiences. List any workshops you have taken

- 3) Are you taking YTT for personal growth only? Or do you hope to teach yoga down the road? Describe your reasons for pursuing our Yoga Teacher Training Program

- 4) Describe any health issues, medical conditions or concerns that we would need to know about

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- 5) What do you perceive to be your greatest gifts as an unfolding yoga teacher? And, what do you perceive to be your greatest challenges as an unfolding teacher?
- 6) Are you able to fully commit to the schedule of training, which includes 9 weekends, as well as drop- in classes and/or workshops with our co-educators? If you need to miss any weekend dates, please tell us which ones and why?
- 7) Have you completed the requirement of attending a minimum of (5) Soul Stretch Yoga classes with our instructors? Including at least one class with Rose? If you have not completed this requirement, please indicate when you intend to do so
- 8) As part of your tuition, we provide coffee, tea, snacks and a hearty vegetarian meal on Saturdays and Sundays during all 9 weekends. Please list if you have any dietary restrictions

TERMS & CONDITION:

I acknowledge that I have answered the above questions honestly and completely X_____ (please initial)

REFUNDS AND CANCELLATIONS:

I understand that the Do What You Love YTT tuition must be paid IN FULL no later than one month prior to the program start (11/7/25) and is non-refundable. Credit towards future Soul Stretch Yoga YTT's will be given for cancellations due to personal health issues or illness only. I understand that at the tie of acceptance into the training, a deposit of \$500.00 is due x _____ (please initial)

ATTENDANCE AGREEMENT:

I understand that once I am accepted into this teacher training 100% attendance is required. I understand that if I miss any training sessions, I will contact Rose immediately and schedule make up sessions in order to complete and receive certification. I understand that if I miss any part of the training without contacting Rose, I may be asked to leave the training without a refund and I will not receive certification.

Signature and Date: _____

Date: _____

